

## How do I improve my bowling?

It costs nothing!

- We have five friendly coaches - – all with National Accreditation
- Just register at the bar with this form and we will contact you to arrange a suitable time for your lessons—or call/email us (see below)
- Group or one-on-one sessions can be offered

**So ... just ask.**

**Indoors or outdoors—we can get you started**

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Please contact me to fix a time for an introduction to bowls

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email

Address: \_\_\_\_\_  
\_\_\_\_\_

(Details are subject to strict Hampton Bowls Club privacy policy)



## GETTING STARTED WITH BOWLS AT HAMPTON

Beginner sessions every  
Wednesday morning from 10 am



Located in the heart of Hampton



## Why bowls?

Lawn bowls has a number of unique inherent features that make it a welcoming sport for everyone:

- Challenging - bowls requires hand-eye skill, concentration and tactical nous to excel.
- Inclusive - gender and physical size or athletic capability does not matter. The sport is also ideal for people with disabilities.
- Social interaction - bowls is a wonderful team sport and fantastic social experience.
- Non-threatening - bowls is a non-contact sport that encourages respectful competitiveness
- Community - bowls fosters community spirit and values. Clubs are caring environments where real friendships are the most valuable commodity.

## Let's sweep away some common misconceptions:

- Players wear all sorts and colours of clothing, including the Hampton Club shirt's famous yacht emblem
- Sessions take place indoors during winter or poor weather
- The average age of the Australian Bowls team is **lower** than the average age of the Australian Cricket team
- You do **not** have to retire to participate
- You do **not** need special shoes indoors or on our synthetic surface



## The 'intro' program

- Attendees will be taught the etiquette, techniques and laws of the sport of bowls in a friendly encouraging environment
- Sessions take place indoors during winter
- At the end of each session, attendees can sit and socialise over a cuppa. Participants pay \$10 per term, which includes tea/or coffee and biscuits
- Hampton accredited coaches give full support at all sessions
- Bowls supplied if required, until you purchase your own

## Hampton Bowls Club is your community bowls club

Hampton Bowls Club is conveniently located in the heart of Hampton, on the corner of Fewster and Earlsfield Roads. It's within minutes walking distance of the Hampton street shopping strip and train station. The local bus stop is just 50 metres walk, making the Hampton Bowls Club a central location for everyone.

The club boasts three lawn bowls greens, car parking for up to 120 cars and a clubhouse offering member and hospitality facilities.

Locals make up about 90% of the membership, with all age groups represented. Friends and guests are welcome at any time, and many social and corporate groups use the club for events, meetings or parties.